



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced classes at Sunshine Massage School

GENERAL ADVANCED (10 DAYS/60 HOURS)

- o Solidifying techniques taught in beginners courses
- o Expanding techniques to a wide range of body types
- o Focus on correct posture and precise energy line work
- o Advanced techniques
- o Foot massage
- o Energy lines on the legs
- o Singly leg exercises
- o Double leg exercises
- o Stomach massage, chest, arms and hands
- o Side position
- o Back
- o Sitting position
- o Using feet, elbows, knees
- o Proper body mechanics

10 days / 60 hours

Price Baht 13,500.-

19 to 30 November 2007