



โรงเรียนอาทิตย์นวดแผนไทย

SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced + special classes at Sunshine Massage School

Abdominal Chi Massage

Chi Nei Tsang I

This 5 day course is about

Visceral and emotional release of the inner organs

- Learn to release blockages in the abdominal region. The manifestation of negative emotions can be found as stagnated Chi in our organs in the form of tightness, constrictions, lumps, knots.
- This course will focus on learning how to detoxify both the large and small intestine, which tend to harbour our past negative emotions resulting in all kinds of physical and/or emotional problems.
- Also, learn how to detoxify the skin, opening the Chi gates to the organs as well as detoxification of the major organs like liver, gallbladder, lungs, heart, kidney, pancreas, and bladder, which tend to hold our present negative emotions.
- Like peeling an onion, learn to work on many layers, such as skin, fascia muscle, lymph and circulation, gradually progressing from more superficial to deeper-seated problems within the abdomen.

This course is only open to students experienced in either Thai Massage or Tui Na.

5 days / 35 hours (30 CE Hours): Baht 8,500.-

including one hour herbal ball application on stomach area every day after class.

13 to 17 December 2010
14 to 18 February 2011

